

Know “The Five Protective Factors!”

1. Parent Resilience: The ability to recover from difficult life experiences and often to be strengthened by and even transformed by those experiences

2. Social Emotional Competence of Children: Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions, and establish and maintain relationships

3. Knowledge of Parenting and Child Development: Understanding child development and parenting strategies that support physical, cognitive, language and social emotional development

4. Social Connections: Positive relationships that provide emotional, informational, instrumental and spiritual support

5. Concrete Support in Times of Need: Access to concrete support and services that address a family’s needs and help minimize stress caused by challenges

The *Wisconsin Child Abuse and Neglect Prevention Board* utilizes the **Strengthening Families™ Protective Factors Framework** to guide its own work and the efforts it supports. The **Protective Factors Framework** helps to identify and build upon the strengths, assets and needs of families as a means to simultaneously enhance the well-being of children while reducing the risk of child maltreatment. It is an approach and not a program and is designed to be incorporated in the everyday actions of those who work with families. Consequently, the **Protective Factors Framework** is applicable across the range of programs, service providers, organizations and audiences.

The Framework was developed by the *Center for the Study of Social Policy* utilizing findings from field observations, a thorough review of research, and input from prevention and early childhood experts.

Their efforts resulted in a strengths-based, evidence-informed framework composed of five protective factors. This effort is aimed at promoting the understanding and capacity for developing and enhancing five foundational protective factors.



Strengthening Families™ Protective Factors

COURSE TRAINING

BRINGING THE PROTECTIVE FACTORS FRAMEWORK TO LIFE IN YOUR WORK

MANITOWOC
6 Sessions - March to May

The Center for the Study of Social Policy research has shown that protective factors:

- *Benefit all families*
- *Reduce the risk of child maltreatment*
- *Strengthen families*
- *Promote optimal child and youth development*

THE CURRICULUM

In 2012, the *National Alliance of Children's Trust & Prevention Funds* developed the **Strengthening Families™ Protective Factors Framework** into a curriculum called **Bringing the Protective Factors Framework to Life in Your Work**. It is designed to assist professionals who work with families and children to promote the optimal development of all children while protecting vulnerable children from harm.

The training consists of **six 2-hour modules** that share ways to help practitioners, community members and parents better understand and address family needs utilizing a strengths-based lens.

The curriculum . . .

. . . *Is built on the premise that **every** family has strengths*

. . . *Provides a detailed explanation of the five protective factors*

. . . *Focuses on helping to make "small but significant changes" in practice and service provision, family life, parenting and child development*

THE BENEFITS TO YOU!

Participants will leave with:

- *A better understanding of how to utilize the **Protective Factors Framework** in their work to strengthen families*
- *An understanding of how culture impacts perspectives and how to best work with families*
- *A renewed appreciation for the value of parents as partners in their work*

Location/Training/Cost

Lakeshore CAP, 2nd Floor
702 State Street
Manitowoc, WI 54220

Please REGISTER by calling
920.682.3737

- **\$10 per session — IF your employer is paying for your time**
- **Free — IF you are a volunteer, student or not being paid for time**
- **Lunch will be served at 11:15 AM**
- **Materials are provided**

THE TRAINING

Time/Dates/Sessions

MANITOWOC

11:15 AM - 1:30 PM

Lunch served at 11:15

Training begins at 11:30

- March 4 — *Introduction to Protective Factors*
- March 19 — *Parental Resilience*
- April 1 — *Social Emotional Competence of Children*
- April 15 — *Knowledge of Parenting and Child Development*
- April 30 — *Social Connections*
- TBD — *Concrete Supports in Times of Need*



PLEASE REGISTER FOR EACH SESSION!

You or your organization will be invoiced for the sessions you attend at the end of the training.