

## MISSION

Empower those seeking recovery by providing access to resources, education and recovery support services in a safe social atmosphere. We educate the community about recovery with the aim to reduce stigma that is related to Substance Abuse Disorder.



## VISION

We envision a world where recovery from addiction is understood, promoted, and embraced.

## WHO WE ARE

We are a recovery community organization (RCO) focused on the solution to the addiction problem. We are a peer run organization led by people with lived experience. We are a safe and social hub of resources for Substance Use Disorder. As an RCO we honor all pathways to recovery. We provide support to anyone who has been affected by the disease of addiction.

## WHAT WE OFFER

- ♦ Variety of recovery meetings
- ♦ Recovery Coaches
- ♦ Peer-to Peer Support
- ♦ Education
- ♦ Resources
- ♦ Addiction Management
- ♦ Evidence Based Approaches
- ♦ Recovery Oriented Employer Program

## Benefits

### Those Seeking Recovery

- ♦ Hope that recovery is possible
- ♦ Education to support health and well-being
- ♦ Support that increase positive outcomes

### Friends and Family

- ♦ Support network
- ♦ Reassurance that they are not alone
- ♦ Help navigating the system for their loved ones

### Community and Businesses

- ♦ Safer
- ♦ Healthier community and employees
- ♦ Cohesiveness

## SAMSHA's Perspective

“Peer support services are delivered by individuals who have common life experiences with the people they are serving. People with mental and/or substance use disorders have a unique capacity to help each other based on a shared affiliation and deep understanding of this experience. In self-help and mutual support, people offer this support, strength, and hope to their peers, which allows for personal growth, wellness promotion, and recovery.”

Research has shown that peer support facilitates recovery and reduces health care costs. Peers also provide assistance that promotes a sense of belonging within the community. The ability to contribute to and enjoy one's community is key to recovery and well-being. Another critical component that peers provide is the development of self-efficacy through role modeling and assisting peers with ongoing recovery through mastery of experiences and finding meaning, purpose, and social connections in their lives.”

Substance Abuse and Mental Health Services Administration

<https://www.samhsa.gov/recovery/peer-support-social-inclusion>



*“Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved.”*

– Helen Keller

## LIGHTHOUSE COMMUNITY RECOVERY CENTER

702 State Street

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Call or text 920-374-3989

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## LIGHTHOUSE COMMUNITY RECOVERY CENTER

Providing a light of hope through the darkness of addiction.

Call or Text 920-374-3989

**Confidential**

Peer Recovery Support