

# Start a Respite Program in Your Area

## THERE IS A GREAT NEED FOR MORE RESPITE PROGRAMS IN WISCONSIN

### What Respite Can Look Like

A faith-based site provides respite care for individuals with special needs on-site, so that their family member can attend a service without having to leave.

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You spend quality time with an older adult while their loved one goes shopping, has a doctor's appointment, or does something for themselves.

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During the summer, one day a month you rent a park shelter so that parents can drop off their children with disabilities for a few hours.

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You open a respite day program in your community. This is a safe place for adults with disabilities and memory impairments can go so that their caregivers can have a break.

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You own a childcare business, and want to add a respite program to give parents of children with special needs a short break

### What Is Respite?

Respite care, whether on a planned or emergency basis, is taking a short break from caregiving duties, and it allows the caregiver an opportunity to rest, refresh, and recharge. Respite care can occur in the caregivers or care recipient's home, community, or facility-based environment.

### There is a Need for More Respite Programs in WI

In Wisconsin, there is funding available to pay for respite care. But in most communities throughout the state, there are very few, if any, providers.

Some respite programs use volunteers, and there is no fee. Other respite care is a paid service through waiver funds that are provided by the state.

### What's in it for me?

- Have you been looking for a change in your career?
- Have you thought about starting your own business but weren't sure how to start?
- Do you want to feel like you are making a difference?
- Do you want to have the flexibility of building your own program and setting your own hours?

Respite Care Association of Wisconsin is offering a free six-week virtual workshop so that you can explore the idea of bringing respite to your community. You will walk through the steps with other like-minded individuals that want to build a respite program.

**Learn more about the Building Respite  
in Your Community Workshop at  
[www.respitecarewi.org](http://www.respitecarewi.org)**



**RCAW**  
Respite Care Association  
of Wisconsin

# Bringing Respite to Your Community Workshop



**RCAW**  
Respite Care Association  
of Wisconsin

## Cost

FREE

RCAW is able to offer this workshop at no cost to you because of funding through the Federal Lifespan Respite Program Grant ACL #90LRLI0032-01-00.

## 2021 Dates

### Spring 2021

April 10 - May 15, 2021

Virtual face-to-face dates: Saturday  
Apr 17, May 1, May 15  
8 am - 11 am

### Fall 2021

September 8 - October 13, 2021

Virtual face-to-face dates:  
Wednesday Sep 15, Sep 29, Oct 13  
6 pm - 9 pm

## Blended Learning

This is a six week course. The first, third, and fifth week will consist of online modules for a learner to complete on their own time. The second, fourth, and sixth week will be a virtual, face-to-face meeting at a scheduled time.

## Contact

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**Register at**  
**[www.respitecarewi.org](http://www.respitecarewi.org)**

## Overview

This FREE workshop will provide you with the information and building blocks needed to start a respite program in your community. You will have the opportunity to provide and receive feedback from others starting programs in their communities, allowing you to build a support system throughout the state of Wisconsin.

Two sessions are being offered in 2021.

## Course Requirements

To successfully complete the workshop, you will:

- participate in all virtual face-to-face sessions (three),
- participate in discussion board and assignments,
- complete course project, and
- participate in short follow-up surveys 3-, 6-, and 12-month after the course concludes.

## Course Project

The goal of this workshop is for you to have a start on a business plan or program design for a respite program. Each week, you will be given more information to build this plan. At the end of the course, you will give a short presentation (5-10 min) about your respite program plan and the next steps. You will receive feedback as you move forward with your program plan.

## Course Discussion Board

You will have discussion questions each week as you build your respite program plan. By using a discussion board, you will have the opportunity to seek and give feedback from others going through the same process.

## Successful Completion of the Workshop

Along with creating a respite program plan, RCAW wants to continue to support you in your respite program development. Upon completion of the workshop, you will receive:

- Access to the RCAW & Direct Course Partnership, giving you access to more than 45 online courses (over 500 hours of continuing education).
- Registration to the 2021 ISBA (International Short Break Association) Virtual Conference ([www.isba.me](http://www.isba.me)) in June for spring participants.
- An opportunity to receive up to \$4,000 for your business to provide respite care from an RCAW start-up business grant for underserved populations.