



JAK's Place February 2024 JAK's Place,

A program of Lakeshore CAP Website: lakeshorecap.org/jaks-place

1623 Rhode Island St. Sturgeon Bay, WI 54235 PH# 920-818-0525

Office Hours Monday - Thursday 1PM to 5PM & Friday 10AM to 2PM

February 2024							March ▶
◀ January	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Reservations required for free weekly meal. Call 920-818-0525 or send a facebook message.	Ice Cream Social Wed. Feb. 21st 230PM Free Food	Check out JAK's Place on Facebook for updates.	Live Music Friendship Art Group Tue. Feb. 12th 230PM	1 1245PM Meal Pick-up **Youth Group**	2 Groundhog Day 1030AM-11AM Life Skills Noon-130PM Coffee Group 210PM-3PM Tai Chi	3	
4	5 130PM-3PM Open Visits 1PM-230PM Poetry Connection 6PM-730PM S.O.S. Group	6 230PM-330PM Art Group 230PM-330PM Knitting Group 445PM-545PM Meal	7 12PM-1PM Beyond Recovery 130PM to 230PM Bingo 330PM to 430PM Youth Group	8 1245PM Meal Pick-up **Youth Group**	9 1030AM-11AM Life Skills Noon-130PM Coffee Group 210PM-3PM Tai Chi	10	
11 Super Bowl	12 130PM-3PM Open Visits 1PM Womens Cancer Support 1PM-230PM Poetry Connection 5PM-6PM Open Support Group	13 230PM-330PM Live Music Friendship Art Group 230PM-330PM Knitting Group 330PM-4PM Nurturing Program 445PM-545PM Meal	14 Ash Wednesday 12PM-1PM Beyond Recovery 130PM – 230PM Games	15 1245PM Meal Pick-up **Youth Group**	16 1030AM-11AM Life Skills Noon-130PM Coffee Group 210PM-3PM Tai Chi	17	
18	19 Washington's Birthday 130PM-3PM Open Visits 1PM-230PM Poetry Connection	20 230PM-330PM Art Group 230PM-330PM Knitting Group 445PM-545PM Meal	21 12PM-1PM Beyond Recovery 130PM to 230PM Ice Cream Social & Bingo with food	22 1245PM Meal Pick-up **Youth Group**	23 1030AM-11AM Life Skills Noon-130PM Coffee Group 210PM-3PM Tai Chi	24	
25	26 130PM-3PM Open Visits 1PM Womens Cancer Support 1PM-230PM Poetry Connection 5PM-6PM Open Support Group	27 230PM-330PM Art Group 230PM-330PM Knitting Group 330PM-4PM Nurturing Program 445PM-545PM Meal	28 12PM-1PM Beyond Recovery 130PM – 230PM Games	29 1245PM Meal Pick-up **Youth Group**	JAK's Place A mental health resource center providing structured and social resources to those affected by mental illness and to family members in need of support and information		