



# JAK's Place January 2024 JAK's Place, A program of Lakeshore CAP

Website: [lakeshorecap.org/jaks-place](http://lakeshorecap.org/jaks-place)

1623 Rhode Island St. Sturgeon Bay, WI 54235 PH# 920-818-0525

Office Hours Monday - Thursday 1PM to 5PM & Friday 10AM to 2PM

January 2024						
◀ December						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Reservations required for free weekly meal. Call 920-818-0525 or send a facebook message.	<b>1</b> New Year's Day  OFFICE CLOSED	<b>2</b>  OFFICE CLOSED	<b>3</b> 12PM-1PM Beyond Recovery  115PM to 215PM Bingo  330PM to 430PM Youth Group	<b>4</b> 1245PM Special New Year Lunch  Meal Pick-up  Poetry Jam 245PM – 415PM  **Youth Group**	<b>5</b> 1030AM-11AM Life Skills  Noon-130PM Coffee Group  210PM-3PM Tai Chi	<b>6</b>
<b>7</b>	<b>8</b> 1PM-3PM Open Visits  1PM Womans Cancer Support  1PM-230PM Poetry Connection  5PM-6PM Open Support Group  6PM-730PM S.O.S. Group	<b>9</b> 230PM-330PM Art Group  330PM-4PM Nurturing Program  445PM-545PM Meal	<b>10</b> 12PM-1PM Beyond Recovery  115PM – 215PM Games  330PM to 430PM Youth Group	<b>11</b> 1245PM  Meal Pick-up  Poetry Jam 245PM – 415PM  **Youth Group**	<b>12</b> 1030AM-11AM Life Skills  Noon-130PM Coffee Group  210PM-3PM Tai Chi	<b>13</b>
<b>14</b>	<b>15</b> Martin Luther King Jr. 1PM-3PM Open Visits  1PM-230PM Poetry Connection	<b>16</b> 230PM-330PM Art Group  445PM-545PM Meal	<b>17</b> 12PM-1PM Beyond Recovery  115PM to 215PM Bingo with food  330PM to 430PM Youth Group	<b>18</b> 1245PM  Meal Pick-up  Poetry Jam 245PM – 415PM  **Youth Group**	<b>19</b> 1030AM-11AM Life Skills  Noon-130PM Coffee Group  210PM-3PM Tai Chi	<b>20</b>
<b>21</b>	<b>22</b> 1PM-3PM Open Visits  1PM Womans Cancer Support  1PM-230PM Poetry Connection  5PM-6PM Open Support Group	<b>23</b> 230PM-330PM Art Group  330PM-4PM Nurturing Program  445PM-545PM Meal	<b>24</b> 12PM-1PM Beyond Recovery  115PM – 215PM Games  330PM-430PM Youth Group	<b>25</b> 1245PM  Meal Pick-up  Poetry Jam 245PM – 415PM  **Youth Group**	<b>26</b> 1030AM-11AM Life Skills  Noon-130PM Coffee Group  210PM-3PM Tai Chi	<b>27</b>
<b>28</b>	<b>29</b> 1PM-3PM Open Visits  1PM-230PM Poetry Connection	<b>30</b> 230PM-330PM Art Group  445PM-545PM Meal	<b>31</b> 12PM-1PM Beyond Recovery  115PM to 215PM Bingo  330PM to 430PM Youth Group	<b>JAK's Place</b> <i>A mental health resource center providing structured and social resources to those affected by mental illness and to family members in need of support and information</i>		